



LOUISIANA DEPARTMENT OF HEALTH AND HOSPITALS/  
OFFICE OF AGING AND ADULT SERVICES

## **ADHC – Adult Day Health Care Waiver Single Point of Entry (SPOE) – ACS**

### **What is the Adult Day Health Care (ADHC) Waiver Program?**

Adult Day Health Care is a non-residential program and can often be an alternative to nursing home care for people who do not need care 24 hours 7 days a week. **This program does not individually or in combination with other OAAS programs provide 24 hour per day supports.**

ADHC, through health and social services, provides supervised care to adults in a supportive and safe setting during part of a day. An individual assessment of each client determines the services provided. Client's needs are met through medical/nursing services, medication supervision/administration, social services, personal care and dietary services (serving both regular and special diet hot lunches as well as morning and afternoon snacks).

ADHC Centers typically operate during daytime hours, Monday through Friday, although some centers may offer evenings or weekends. For most people, depending on where they live, adult day health care centers provide transportation to and from the center.

Programs may be free-standing centers or may be affiliated with a nursing home, hospital, assisted living facility, or senior center; however, all are accountable under the same licensing standards. The intent of adult day health care is primarily two-fold:

To provide older adults an opportunity to receive medical, health, and social services in a supportive structured environment.

To assist families/caregivers to continue to care for their loved ones in the home and in the community through hours in ADHC; providing the family the opportunity to fulfill daily responsibilities.

### **What other services may I receive from this program?**

- Support Coordination (also known as case management)
- Transition Intensive Support Coordination (for people going from nursing facilities to the community)
- Transitional Services (for people going from nursing facilities to the community)

## Who can qualify for services?

People who:

- Meet Medicaid financial eligibility **AND**
- Are 65 years old or older **OR**
- Are 22 years old or older with a disability that meets the Social Security Administration definition of disability
- Meet Nursing Facility Level of Care **AND**
- Meet **ONE** of the following:
- Be in a nursing facility and be able to be discharged if community-based services were available
- Be likely to require nursing facility admission within the next 120 days; **OR**
- Have a primary care-giver who has a disability or who is at least 70 years old.

## What are the 2010 income limits?

The income limits are \$2,022 for an individual and \$4,044 for a couple (when both spouses need long-term care).

## What are the 2010 resource limits?

Resources are the things people own. When we count resources for this program, we do not count the person's home, the car they drive to medical appointments, or other basic resources.

- Single people can have no more than \$2,000 in resources. Couples can have no more than \$3,000 in resources when both spouses need long-term care.
- Married couples can have up to \$109,560 in resources, as long as one spouse at home **does not get** long-term care services.

## How can people request Adult Day Health Care Waiver Services?

The Department keeps an Adult Day Health Care Request for Services Registry (waiting list) of people who have asked for these services, along with the date of the request. Based on the date of first request for services, the Department first offers ADHC Waiver opportunities to people from the ADHC Request for Services Registry who are in nursing facilities but can return to their homes if they get services and/or people who might go into nursing facilities in the next 120 days unless they get services.

**To add your name to the ADHC Request for Services Registry or if you have questions call Louisiana Options in Long Term Care at 1-877-456-1146 (TDD: 1-877-544-9544). You can call Monday thru Friday between the hours of 8:00 a.m. and 5:00 p.m. The call is free.**